

ECMAA Newsletter

MARCH 2020



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From the Board

Featured Events

ECMAA Fitness Day

March 29, Riverbank State Park
679 Riverside Drive, NYC

Join us for a day of activity, open to all ages, adult soccer at 9:30am, activities for the whole family in the afternoon starting at 1pm. We'll have soccer, yoga, running, eskista and activities for kids, seniors and everyone in between.

Sign up [here](#).

Other Events

The Grand Ethiopian Renaissance Dam

A petition has been established for a fair and equitable resolution in the region. Sign [here](#).

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April 4, 2020 at 7am to 11:30 am
302 East 206 Street, Bronx, 10467

The annual celebration for the Medhanialem Church.

Yelugnta and Gemena - ይህንታ እና ገመና

March 7, 10am 429 West 127th Street, NYC 10027

ECMAA is proud to partner with EEMA, African Services Committee, Medhanialem Church, Habesha Health, Jemaat-Al Khair and Sanctuary for Families to bring a workshop to our community. It's an important discussion for those who wanted to help but didn't know how and for those who didn't know how to ask when they needed help.

A workshop from 10am to 4pm with lunch provided in the middle. An open discussion on how to be helpful and sharing of information, resources and general support. Below is the program for the day.

- 10am - Yelugnta and Gemena Overview - Betty Bekele, Kinet Beth
- 11am - Mental Health First Aid Recap - Dinsiri Fikru, Mesert Gebru
- 12pm - Lunch
- 1pm - Intimate Partner Violence - Sanctuary for Families, ASC
- 2:30 - Autism - Fana Said, Azeb Araya, Ethiopian and Eritrean Special Needs Community (EESNC) -

We look forward to a rich discussion, sharing practical information and building up our community. Please email us if you need childcare to be able to attend.

Enetewawek Updates

About 45 people attended ECMAA's first singles mixer. There was an icebreaker, a discussion, speed-dating and a chance to mingle. What happens at Enetewawek stays there but broadly we heard appreciation for the opportunity created to connect and an interest in future similar events. Our thanks to Benyam Restaurant which offered prizes for four lucky first dates that result from the event and GinJan Cafe for hosting us for the night.



[First Time Homebuyer Seminar - NJ](#)

3/ 28, 11:30 am -
Hoboken Business Center

[International Women's Day](#)

March 14, 2020 at 1pm to 4pm
1 Larkin Place, Yonkers, 10701

Discussion about making things better for domestic workers in the middle east.

[Meklit: Antidote](#)

3/ 19, 7:30 61 west 62nd St, NYC

[Resources](#)

[Free Tax Preparation for NYC residents](#)

[Summer Youth Employment Program](#)

Visit our [website](#) for more information about summer programs for youth. Deadlines are fast approaching.

Evidence based, Ethiopian health guidance can be found at a newly formed resource. Visit the website for regular updates on health topics at [የጤና ወግ](#).

Become an [ECMAA member](#) by signing up and providing the annual membership fee of \$30. You can pay on Venmo to ECMAA NY.

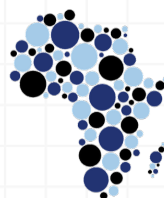
Yewetat Chewata

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ECMAA is turning its attention to our youth this Spring. We're planning an afternoon with those between 12 and 21 to help them create a network, have time together and have space to talk about things they want or need. This event is rescheduled from April 4, 2020 to April 25 at 1pm. Location to be determined. Please use [this form to sign yourself, your child, or sibling up.](#)

Book Club

ECMAA is sponsoring its first book club. We'll have a facilitated discussion of the first book selection. This book's author may also be available to discuss her book in the Fall. A historical fictional novel "set during Mussolini's 1935 invasion of Ethiopia, [The Shadow King](#) takes us back to the first real conflict of World War II, casting light on the women soldiers who were left out of the historical record". Read the book, come to discuss and pick the next book for discussion. Saturday, April 25 at 5pm, location TBD.



2020 COLUMBIA UNIVERSITY

17TH ANNUAL

AFRICAN ECONOMIC FORUM

THE NEW PANAFRICANISM: REGIONAL INTEGRATION TO ENGAGING THE DIASPORA

The African students at Columbia University's Law, Business and International and Public Affairs Schools are planning the 17th Annual African Economic Forum (AEF). It is the largest Africa-focused event at Columbia University. It provides an opportunity for speakers to engage in dialogue with peers including students, faculty, alumni, and professionals. This year's theme is "21st Century Pan-Africanism: From Regional Integration to Engaging the Diaspora". It'll be held on March 28 at 601 West 125th Street.