

Ethiopian Community Mutual Assistance Association ECMAA Monthly Newsletter

FEATURED EVENTS

Yelugnta, Gemena and Communication in Our Community

March 7th, 2020, 10-3pm
African Service Committee, 429 W. 127 street

Within Ethiopian culture, “Gemena” and “Yelugnta” are concepts that can keep us from talking to each other and reaching out for help. If unconsidered, they can leave some of us alone and isolated because of a fear of being judged or talked about. On March 7th, ECMAA, African Services Committee, Ethiopian Edir Mutual Assistance Association, and Habesha Health will hold a workshop with Yelugnta and Gemena as an overriding theme. Topics that will be explored include Mental Health, Autism Spectrum and Intimate Partner Violence.

ECMAA Social Hour - *Enetewawek!*

Ginjan Cafe, February 27th, 6-9pm
85 E 125th St, New York, NY 10027

ECMAA is hosting its first ever singles mixer “enetewawek” on February 27th. Come and join the coolest young Ethiopians for fun after-work mixer at GinJan Cafe. We will have fun activities and interesting discussion topics surrounding singles’ life in NYC area. [RSVP Form](#)

OTHER EVENTS

African Pop-Up Festival, Saturday February 22nd, 12-7pm

Harlem Mist

Join a celebration with top chefs, vendors, DJ sets and performances and a business panel.

Petros at the Hour



The



Taitu Cultural Center presented a thought provoking performance of Tsegaye Gebremedhen’s Petros at the Hour to a sold out audience. The show commemorates the Yekatit 12 massacre, and the sacrifice our forefathers made for our independence. Based on the audience’s feedback and in line with ECMAA’s commit-

ment to promote Ethiopian culture and heritage, we hope to have similar programming in the future.

Book Review : Behager Fikir Guzo by Abiyu Birle, March 1st, 2-6pm

163 West 125th Street (State Office Buildings Harlem

Author Abiyu Birle (Gera) will discuss his best seller book Behager Fikir Guzo. Bring your ID. See attached flyer for more information.

GETTING INVOLVED

Become a Member

Membership is annual requires annual registration/payment. To become a current member, you can complete the form at <http://www.ecmaany.org/membership/>. The suggested contribution of \$30 can be sent by check (sent to POBox 1349, NY, NY 10027) or paid through Venmo to ECMAA NY

Resources

Please check out ECMAA's website for resources for summer programs for teenagers. Additionally, if you have a child born in 2017 and live in New York City, you may be eligible for free childcare find out more [here](#).

Book Club?

ECMAA is starting a book club and we want to know who's interested. Mike Aye and Feven Chrinet will lead groups and we're looking for suggestions. Who's interested? Please send us an email at ecmaany@gmail.com so we can sign you up.

Ethiopian Diaspora Trust Fund

You can find more information [Here](#), if you are interested in contributing to the Ethiopian Diaspora Trust Fund.

Follow Us

- Like us on Facebook (ECMAA)

The show concluded with a lively auction that raised needed funds toward future programming, thank you to all who participated!



Mental Health First AID

Representatives from various Ethiopian organizations in the community attended the Mental Health First Aid Training that was provided by the Office of Thrive NYC. The training prepares attendees to serve as first responders in mental health emergencies. There was guidance on how to support individuals experiencing mental disorders and how to access resources within the community to support their needs. Attendees received a two year certificate that will allow them to serve as first responders in times of crisis in our community.



2020 Census

The 2020 census will be conducted between mid-March and the end of July. This period is divided into two phases: the "self-response-only" phase and the "non-response follow-up" phase. By mid-March of 2020, every household in the United States will receive a letter from the Census Bureau with information on filling out the census online. During the self-response-only period, the census will be available online and by phone. At the end of the self-response-only phase the Census Bureau will send paper forms to households which have not responded online. For more information, please visit [2020 Census Website](#)